

Considerations from the HC perspective for multicentre clinical trials

Nadine K. Kolas, PhD.

Senior Policy Advisor, Advanced Cell Therapies, Health Products and
Foods Branch, Health Canada



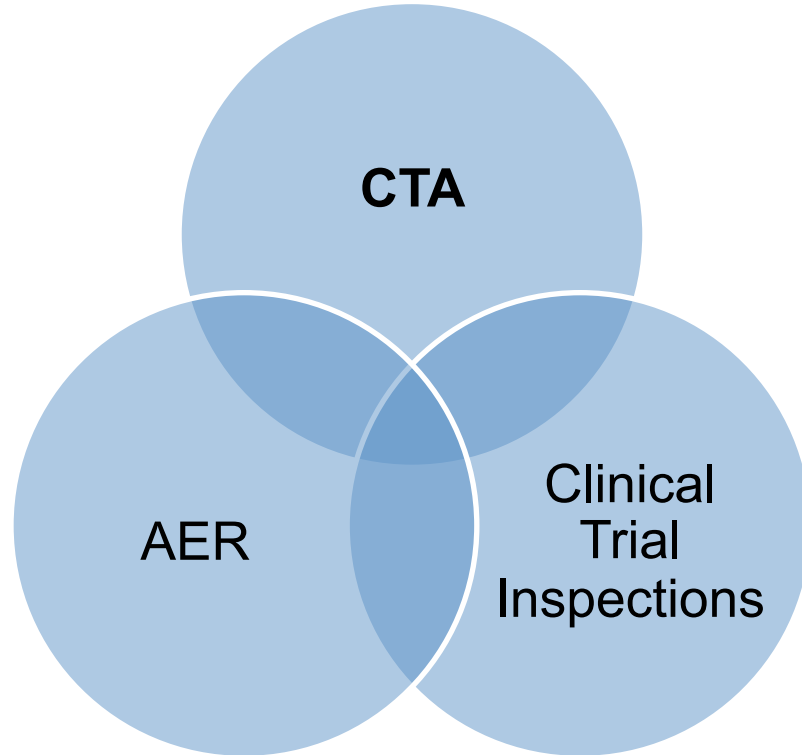
Multicentre Clinical Trials

- A clinical trial conducted according to a single protocol but at more than one site, and therefore, carried out by more than one investigator.
- A coordinating investigator is assigned the responsibility for the coordination of investigators at different centres participating in a multicentre trial.
- Carried out for two main reasons:
 - An accepted way of evaluating a new medication more efficiently; under some circumstances, it may present the only practical means of accruing sufficient subjects to satisfy the trial objective within a reasonable time-frame. Multicentre trials of this nature may, in principle, be carried out at any stage of clinical development.
 - To provide a better basis for the subsequent generalisation of its findings. Such a trial is more likely to be a confirmatory trial in the later phases of drug development and would be likely to involve a large number of investigators and centres.

Outline

- Considerations for multicentre Trials
- Cell Therapy Challenges & Regulatory Concerns
- Overview of Clinical Trials Guidance for Cell Therapy Sponsors
- Accelerated Pathways

Clinical Trial Oversight



Division 5 of the *FDR*:

- C.05.001 (Interpretation)
- C.05.002 (Application)
- C.05.003 (Prohibition)
- C.05.005 (Application for Authorization)
- C.05.006 (Authorization)
- C.05.007 (Notification)
- C.05.008 (Amendment)
- C.05.009 (Additional Information and Samples)
- C.05.010 (Sponsor's Obligations – GCP)

Challenges & Regulatory Concerns for Cell Therapies

Risk assessment issues:

- Tumour formation
- Ectopic tissue formation
- Biodistribution and engraftment
- Immunogenicity
- Route of administration
- Gene transfer
- Duration of safety follow-up

Benefit assessment issues:

- Limitations of pre-clinical models
- Difficulty in determining mechanism
- Defining clinical dose
- Small trials & rare indications

Clinical Trial Guidance for cell therapy sponsors

GUIDANCE DOCUMENT: Preparation of Clinical Trial Applications for use of Cell Therapy Products in Humans

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by authority of the
Minister of Health

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Health Products and Food Branch

Provides information to assist sponsors in interpreting how Part C, Division 5 of the *Food and Drug Regulations* is applied to the authorization of clinical trials using cell therapies

Intended to supplement other HC documents:

- Guidance for Industry: Good Clinical Practice
- Guidance for Clinical Trial Sponsors: Clinical Trial Applications

& adhere to ICH principles such as:

- ICH E2F: Development Safety Update Report (DSUR)
- **ICH E6: Good Clinical Practice (GCP)**
- **ICH E7 - E11: Clinical Trials (General, Special Populations, Statistical)**
- ICH E2E: Pharmacovigilance Planning (RMP)

Also:

- **ICH E17: General principles for planning and design Of multi-regional clinical trials**

Pre-Clinical Studies - Expectations

Must be designed to ensure adequate risk benefit balance to allow and support further clinical development.

Risk:

- Administration effects
- Tumour formation
- Immunogenicity
- Reproductive effects
- Ectopic tissue formation
- Cardio-pulmonary effects
- Biodistribution and engraftment
- Long-term adverse effects

Benefit:

- Duration of the intended effect
- Reproducibility of the effect
- Mechanism of the effect
- Dose-effect relationships



- ... **choice of the experimental model(s) ?**
- ... **according to each product inherent risk benefit profile !**

Pre-Clinical Models

Appropriateness of experimental models depend on:

- Anticipated risks associated with product.
 - high risk products require more extensive testing
- Availability of model systems.
 - disease model may yet to be developed
 - multiple models → which one is superior?
- Route of administration.
 - should simulate intended clinical delivery as closely as possible
 - large animal models may be most appropriate
- Relevance to human situation.
 - disease mechanism
 - xenogeneic considerations

➤ **The rationale for the choice must be provided !**

Quality (Chemistry & Manufacturing)

- Materials, reagents and excipients should be carefully controlled
 - All product inputs should be tested and assessed against qualifications
 - Evidence of batch control varies according to status of materials (drug/USP/in house”), and needs to be readily available to the regulator upon request
- Human/Animal-Derived Materials require additional screening/testing
 - Methods used to mitigate the risk of transmitting infectious diseases and adventitious agent should be described and compared to existing guidelines

Quality (Chemistry & Manufacturing)

- Processes should be well characterized
 - Critical steps and quality attributes should be identified and carefully supported
 - Appropriate work should be done throughout development to validate processes
 - Special approaches to account for unique nature of cell therapies should be well supported by a rationale and scientific evidence (e.g. working cell bank lot testing)

Quality (Chemistry & Manufacturing)

- The product itself should be well characterized
 - Health Canada puts an emphasis in early phase CTA on Drug Substance and Drug Product specifications that are critical to product safety
 - Evidence to support product specifications, stability and batch-to-batch consistency should be established, justified and tightened throughout pre-clinical and clinical phases of development

Clinical Data Development

- Early first in human trials using cell therapies should follow general clinical development guidelines for therapeutic products
- Even early stage clinical trial sponsors should consider long-term safety plans
- Proof of concept studies should consider all pre-clinical evidence and clinical experiences with similar cells to support optimal dose estimation and pharmacodynamic / pharmacokinetic studies
- Relative clinical effects of excipients and impurities should be considered

Clinical Trial Monitoring and Follow-up

- **Consideration should be given to identifying subject safety monitoring and clinical trial monitoring**
 - Stop rules may be important
- Plans to manage potential risks should be developed
- The utility of long term patient registries should be evaluated at this stage
- Lot release requirements must be followed
 - Details of lot release requirements are determined on a case-by-case basis, and typically require “faxback” information
- Serious unexpected adverse drug reactions must be reported to Health Canada

Approval of Cell Therapy Products

Before a new drug is authorized for sale in Canada, the sponsor is responsible for providing the necessary scientific evidence that underpins the benefit-risk assessment in drug regulatory decision making:

- Detailed reports to establish its safety
- Substantial evidence of clinical effectiveness for the intended purpose

Clinical study reports in the literature?

- ...are generally considered insufficient to establish the clinical safety and efficacy required under the *Regulations*, *i.e.* they do not provide substantial evidence of efficacy and safety

Accelerated Pathways

Priority review

- Applies to NDSs and SNDSs for serious, life-threatening or severely debilitating disease for which there is **substantial evidence** of clinical **effectiveness** that the drug provides:
 - effective treatment of a disease for which **no drug is available**; OR
 - Offers a **significant increase in efficacy** and/or significant **decrease in risk** over existing therapies for a disease that is currently **not adequately managed**.

Notice of Compliance with Conditions

- NOC/c clinical eligibility criteria are in line with Priority Review criteria, but applies to products with **promising** evidence of clinical efficacy
- Health Canada's first cell therapy authorization (Prochymal) relied on NOC/c conditional authorization.

Risk Management Plan for Cell Therapies

Cell Therapy Product considered for market approval **must have a *Risk Management Plan, RMP (Risk Evaluation and Mitigation Strategies, REMS)***.

The **RMP** document:

- Summarizes all risk information accumulated on the product (safety profile) including that from:
 - clinical trials
 - all indications
 - all dosage forms & strengths
 - expanded access use (SAP)
 - off label use
 - marketed use
- Outlines proposed safety data gathering & monitoring activities
- Describes risk minimization strategies

Sponsors should begin the **planning and development** of the RMP during **early** clinical phases of product development.

Navigating Regulations

- Take advantage of free regulatory interactions at appropriate times
 - Written inquiries
 - Pipeline meetings
 - Pre-Clinical Trial Application
 - Pre-New Drug Submission
- Be prepared to “tell your story”
 - Who are you? Who are you working with? Who are you trying to treat?
 - What is your product? What is your process?
 - Where are you making your product? Where are you getting your materials?
 - How have developed your product? How do you plan to develop it in the future?
 - Why did you select one thing over another? Why should it be authorised?

Contact information

Office of Policy and International Collaboration

E-mail: BGTD.OPIC@hc-sc.gc.ca

Telephone: (613) 952-9639

Fax: (613) 952-5364

Teletypewriter: 1-800-465-7735 (Service Canada)

Office of Regulatory Affairs

E-mail: bgtd_ora@hc-sc.gc.ca

Telephone: 613-957-1722

Facsimile: 613-946-9520

Teletypewriter: 1-800-465-7735 (Service Canada)